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## 2010 Netball Season

Dear players

Welcome to the 2010 netball season with Sterling Saints. We are looking forward to another enjoyable and successful season of netball. All information regarding this season will be available on our website. Please be sure to place your correct email address on the registration form as newsletters and further information maybe sent via email. If your email changes throughout the season, please contact Poppy Mallon on [mallons@bigpond.net.au](mailto:mallons@bigpond.net.au) to update the database.

Yours in netball  
Sterling Saints Netball Club Inc

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## Please Read Carefully

### WAITING LIST

- We have a waiting list of players keen to join Sterling Saints.
- If we do not receive your form, registration fee or confirmation of your intention to play, by phoning Donna Webb on 9447 0000 or 0403 129 800, by 21 February 2010, people on the waiting list will take up your place.

### REGISTRATION FORMS

To be eligible for team selection ALL PLAYERS must have their registration forms completed as soon as possible.

### FEES

ALL PLAYERS must have fees PAID in full by 1 May 2010. If fees cannot be paid in full, please speak to Kerry Grynberg, Treasurer. See structure of fees below.

Senior Players: \$240.00 (\$220 if paid before 1 May 2010)

Junior Players: \$220.00 (\$200 if paid before 1 May 2010)

(includes: WANA fees, Regional fees, insurance, trophy and presentation night, playing and training costs)

### GRADING

- Players need to be available for all grading sessions. **It is expected that you attend both grading sessions otherwise your selection may be affected.** Grading is from 9.30 am – 11.30 am on 21 and 28 February 2010. **Please advise if you cannot attend on registration night.**
- Selection will commence with a warm-up and stretching, followed by court time. However, **there will be times when you will be required to sit off court. Please be patient as grading can be very time consuming.** Remember to bring your drink bottle, sunscreen and hat.

- Coaches will be assigned prior to the season commencing. Pre-season training may start with teams in squads until all coach placements are finalised.
- **Please note:** we will endeavour to complete selection after two sessions; however, there may be some movement of players between teams prior to the first playing date.
- We ask that all players to please be patient during selection sessions. To ensure selection is as quick and efficient as possible, we really need your cooperation in filling out all forms, communicating your availabilities to the club and paying all required fees. If you have ANY questions, please talk to a committee member!

### SELECTION DATES

Age Group	Dates of Pre season / selection	Time of Grading
Open (18 yrs +) And U/17s (yrs 9-12)	10 February 2010 Registration night and information evening	From 6.30 until 8.00 pm
	17 Feb 2010 Fitness training	7.00 pm – 8.00 pm
	21 Feb 2010 1st grading/selection trials	9.30 am – 11.30 am
	24 Feb 2010 Fitness training	7.00 pm – 8.00 pm
	28 Feb 2010 2nd grading/selection trials	9.30 am – 11.30 am
	3 Mar 2010 team announcements and social evening (Wembley Hotel)	7.00 pm – 8.00 pm
	The following two weeks will be whole of club training (2 timeslots).	6.30 pm – 8.30 pm (tbc)

### UNIFORMS

Cost of uniforms will be \$100 this year due to obtaining them from a different supplier. If you are upgrading, second hand uniforms can be brought back on any Wednesday session. It is up to you to coordinate the exchange with the buyer. Cost of second hand uniforms is \$50.

### UMPIRING

Each Club in the competition MUST fulfill umpiring duties set by Perth Netball Association – this means, each Club is allocated multiple games (weekly) to umpire. Sterling Saints solve this by setting up an umpiring roster. It is up to the coach and captain of each team to ensure their umpiring roster is fulfilled. What this means is, every person in the team (except coaches) usually umpire two games a season. If you umpire outside your rostered day or wish to umpire each week, the Club will pay you to do this. If you need training or expert advice, the Club will also organise this for you. We are always there to lend a helping hand.

## **COACHING**

Are you interested in helping players get more from their game – both skill wise and enjoyment wise? Are you interested in experiencing netball in a different light? Then maybe coaching is for you. And what's better, the club will PAY you to do this!

As a coach at Sterling Saints you have the following duties:

- Training your team Wednesday nights
- Coaching you team on Saturdays
- Ensuring your players know about upcoming club events
- Assisting in ticket sales and money collection for club events
- Ensure your teams umpiring roster is fulfilled

We realise this can all seem a bit daunting. But rest assured, you're never expected to do it on your own! We like to help each other out at Sterling Saints. So if you ever...

...need some training tips/drills?

...can't make training one Wednesday?

...can't make a game one Saturdays

just let us know. We know there is life outside of netball and sometimes you just can't do EVERYTHING at once!

If you are considering coaching, please speak to **DONNA** our **COACHING COORDINATOR** or **JUNE** our **PRESIDENT**.

## **SPONSORSHIP/WEBSITE**

If there are any businesses interested in sponsoring the club and advertising their business on our forthcoming website, please contact June Webb on 9447 0000 or speak to June on registration/grading nights.

## **Miscellaneous Information**

### **AGM**

- 7 April 2009 at 7.00 pm (TBC)
- It is imperative that we have as many members attend to guarantee a quorum therefore your attendance is vital. Don't presume that other members will attend. Duration of the AGM is only 30 mins.
- All office bearer positions will be available and if you wish to nominate yourself or another member, please contact June Webb on 9447 0000.

### **FUNDRAISING**

To ensure we always have decent training equipment, spare uniforms, coaches kits, money to train umpires/coaches and can subsidise wind-up tickets for players... the club has a couple of yearly fundraisers! Any assistance you can offer is GREATLY APPRECIATED ie. assistance with money collection & ticket sales, flyer design & event promotion, event set up and donation drives. If this sounds like something you'd be keen to help out with speak to **RENEE AND ARNAH** our **FUNDRAISING COORDINATORS!**

### **Entertainment Books**

- Saints will again be selling the Entertainment Books as one of our major events this year. If you have used an entertainment book in the past, you can appreciate the value of the book. We encourage you to purchase your next entertainment book through the club.

- The cost of the book is \$65 and you only have to use it a couple of times to get your money back.
- Please spread the word to all family and friends and further information and order forms are available on registration night and thereafter at grading.

#### **Quiz Night**

- Our next major event is our Quiz Night. If you attended previous years you will know how much fun and entertaining it was.
- Your support with ticket sales and donation drive helps make this night a HUGE success.
- Cost to be confirmed at a later date.
- More information will be distributed in May.

#### **Future Fundraising Events – to be confirmed**

#### **TROPHY AND PRESENTATION NIGHT**

- Usually the Saturday after grand final.
- Award presentations and celebrating the club's achievements of the season.
- **Please keep this date free.**

## Calendar of Events

10 February	Registration night
17 February	First pre-season fitness training – please indicate whether you would be interested
21 February	First selection 9.30 am – 11.30 am (all players)
24 February	Second pre-season fitness training
28 February	Second selection 9.30 am – 11.30 am (all players)
11 March	Second pre-season/selection – all teams
3 March	Team announcements and players tea/social evening (Wembley Hotel 7.00 – 8.00 pm)
March/April	Pre orders taken for Entertainment Books
1 April	<b>AGM at 7.00 pm</b> Training for Open – 7.30 pm
1 May	Start of the season
20 May (approx)	Delivery of Entertainment Books
30 May	No game
27 June - tbc	Quiz Night
3, 10 & 17 July	No games for u17s
10 & 17 July	No games for open
28 August	Semi finals
4 September	Finals
11 September	Grand final
18 September	Windup/trophy night

**All these dates are approximate**

**To be confirmed when fixtures available**